

# AMERICA A Quilts A creatively

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*Three ways to Applique,  
Piano Key Borders,  
Tribal Applique and  
Free Motion Quilting*

## *Three ways to Applique*

Marcia Pollard joined Sue and Sara with three ways to applique, hand look, decorative stitch and satin stitch. Practice them on this pillow!



With a blue water-soluble marking pen, trace the heart shape of the pillow on to the square piece of fabric. Do not cut out. Trace the inner heart design, this is the placement line for decorative stitching. Fuse batting to wrong side of fabric

### **Tall Skinny Satin Stitched Heart:**

**Heart 1:** Fuse Steam-A-Seam 2 to back of a fabric scrap for the oblong shaped heart. Fuse into desired position on front of pillow top.

Set machine for Satin Stitching:  
Snap on the Open-Toe Applique Foot. Thread with 40 wt. rayon thread on top and bobbin thread in the bobbin. Select stitch #10 on your Pfaff quilt expression 2048 or satin stitch for your model. Select Needle Down. Adjust the stitch width to 3.5 and length to 0.8 or 0.9 Place Stabilizer underneath the fabric. Sew over the raw edge of the heart applique with satin stitching, pivoting around corners and curves as necessary.



Add decorative stitching outside the satin stitching. Select the heart motif stitdh #183. Set the width to 6.0



**Sara Boughner, Sue Hausmann and Marcia Pollard**

### **Sewing Supplies:**

- Pfaff Sewing Machine w/IDT
- 1/2 yard Fusible Batting
- Sulky KK2000 Temporary Spray Adhesive or Glue Stick
- Water-erasable Fabric Marking Pen
- 1/2 yard Solid Fabric for Pillow
- 1 yard for ruffle and pillow back
- 1/4 yard Trace-a-pattern
- 1/4 yard Steam-A-Seam 2
- Assorted scraps of Calico Prints for Hearts
- Assorted Ribbons, Buttons Or Trinkets For Embellishment On Fabric Appliqué Hearts
- Sewing thread
- Assorted Cords and Threads For Decorative Stitching; Pearle Crown Rayon, Ribbon Floss, Etc.
- Sulky Polyester Invisible Thread
- 40 Wt. Rayon Embroidery Thread
- Bobbin Thread
- 12 Weight Thread Or Egyptian Cotton Thread
- Vanish-Away Thread (Water-Soluble thread
- Spray Starch
- 100 Topstitch Needle
- 80 Universal Needle
- 6mm Open-Toe Applique foot #820215096
- Couching/Braiding foot #820230096

and the length to 8.0. Change the density to 0.25. Snap on your 2A foot. Align the small red mark to the left of center with the edge of satin stitching. Stitch around the heart shape. Pivot as necessary.

### Invisible Applique Stitch Heart:

Invisible Applique stitching:

**Heart 2:** Trace small heart on to a piece of “Trace-a-pattern” or muslin. Place Trace-a-pattern on the right side of calico fabric.

Thread machine with Wash-Away thread on top and regular sewing thread in bobbin. Stitch the two pieces together on the traced line. Trim excess fabric outside the stitching, leaving a 1/4” seam allowance all around. Clip curves. Cut slit in back of Trace-a-pattern, and turn fabric right side out and finger press.



Place appliqué on ironing surface and apply spray starch. Press with iron on cotton setting. The steam from the iron and the spray starch will dissolve the Wash-Away thread. Pull fabric away from trace-a-pattern and discard the Trace-a-pattern. You now have a neatly turned under edge on your heart applique.

Set machine for pin stitch or blanket stitch: Spray back of heart appliqué with Sulky KK2000 Temporary Spray Adhesive. Place into position on the base fabric. Snap on the 2A foot. Select stitch #299. Change length to 3 and width to 1.5. Thread with sewing thread on top to match the color of fabric appliqué or you may use invisible thread. Stitch so that the swing of the needle catches into the appliqué and the straight of the stitch is just the outside the edge. Center line on 2A foot is on the edge of heart.

### Short Fat Decorative Stitch Applique Heart Heart 3

Set machine for Decorative Stitching:

Insert a size 100 topstitch needle. Thread with 12 weight cotton thread on top and bobbin thread in the bobbin. Snap on your Open-Toe Applique foot. Select stitch #139. Select side-to-side mirror key. Change the width to 4.0 and the length to 3.5. Place the fabric under the foot so that the flat side of the stitch is lined up with the on raw edge of heart. Stitch in place.

### Decorative Stitch Border:

There are three rows of decorative stitching around the heart shape to frame the three appliqués. The line drawn on the inside of the pillow is where the first row

of decorative stitches will be sewn. This first row will be referred to as Decorative Stitch A, then B and C is the last row of decorative stitching toward the center of pillow.

Decorative Stitch A: Select stitch #176, at the default setting. Insert size 100 topstitch needle. Thread machine with Sulky 12 wt. thread on top and bobbin thread in the bobbin. Snap on your 2A foot. Start stitching at top of heart. Stitch around the heart, centering pattern with center line of foot.

Note: When you reach the bottom point of the heart, stop and resume sewing at the top again, sewing around the opposite side, finishing pattern at the bottom point.

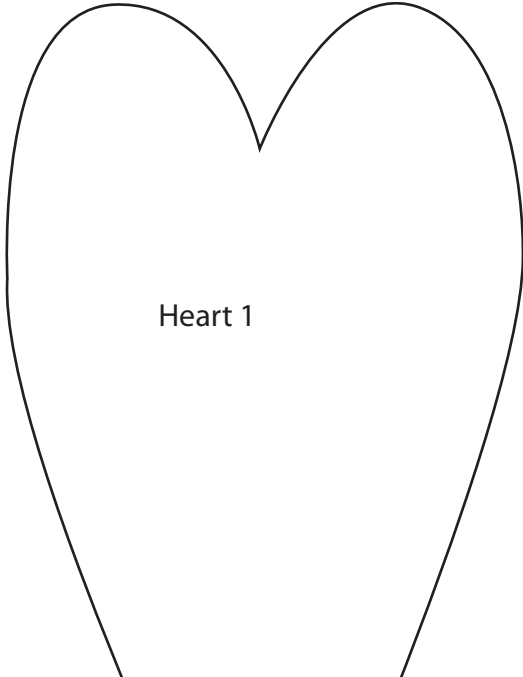
Decorative Stitch B: Select Ball Stitch #184. Snap on your 2A foot. Thread with 40 wt. rayon thread on top. Change width to 5.0 and density to 0.25. The small mark left of center on 2A foot should be aligned with the edge of previous stitch. Start stitching at the point of the heart. Stitch design all around heart shape, beginning and ending at the heart point.

Decorative Stitch C: Snap on your Couching/braiding foot. Thread machine with 40 wt. rayon thread on top and bobbin thread in the bobbin. Insert chenille cord or other decorative cord through the hole in foot. Line up left edge of Couching/Brading Foot with previous stitching. Select stitch #41. Change the width to 6.0. When you get to the top point of heart, select the single pattern key with the needle inserted in the fabric and pivot before proceeding to the next stitch. Design will end at the bottom of the heart.

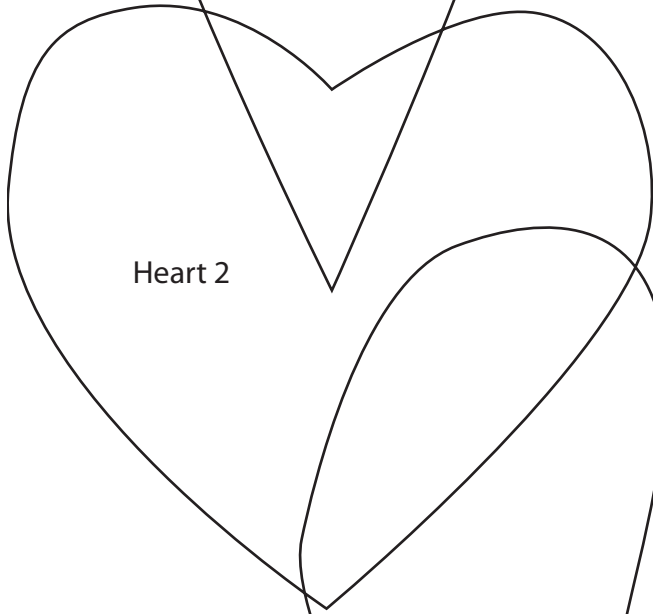
Cut out the heart pillow top and back.

**Ruffle:** Cut four strips of fabric for the ruffle, 5” x width of the fabric. Press wrong sides together, lengthwise. Use the Pfaff Gathering foot or Ruffler to create sufficient ruffle to go around your pillow. Stitch the ruffle to the edge of the heart.

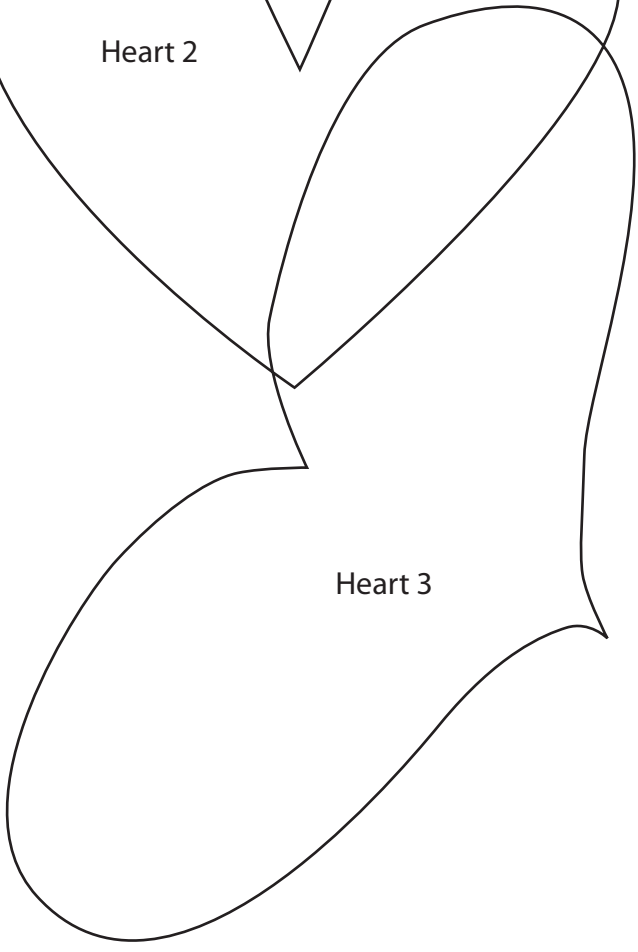
Place the pillow back and top right sides together. Stitch around the heart leaving an opening for turning. Stuff with fiberfill and slip stitch the opening.



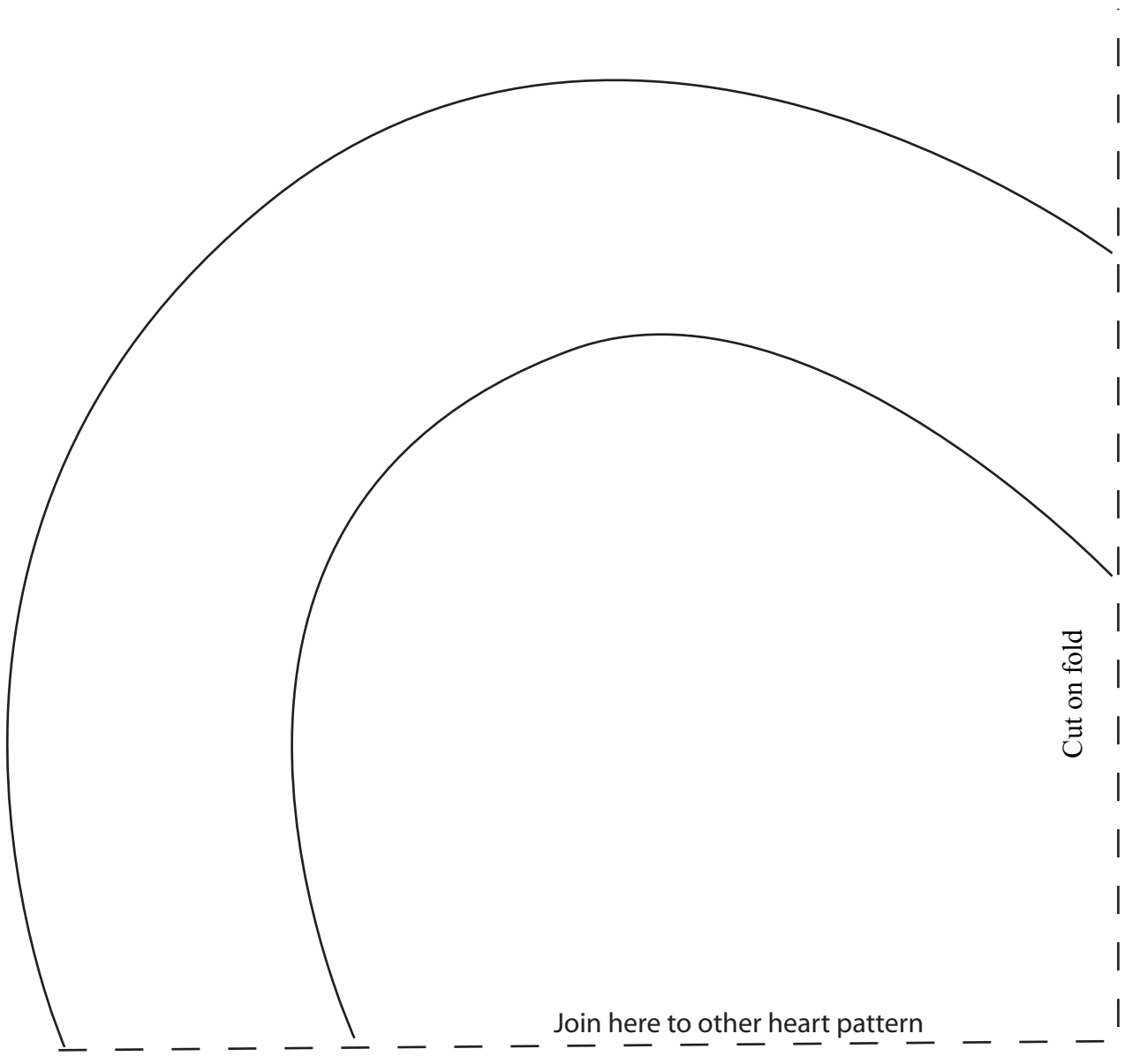
Heart 1



Heart 2



Heart 3



Join here to other heart pattern

Cut on fold

Join here to other heart pattern

Cut on fold

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# What's New to Do

## Piano Key Borders

Mary Pat "Mattie" Rhoades from Quiltsmart brought an updated piecing method with Printed Interfacing. It is even easier than paper piecing

**smart-ease** is a great way to easily and professionally customize your quilts. You get to spend your time on the creative aspects while the tedious parts are simplified! In addition to quilting, **smart-ease** is also great for other projects...try it for home decor, wearables, and your favorite creations. It is available in Circles, Broadway Border, Piano Keys, North Star, Flying Geese and Half-Square Triangles

Mattie demonstrated how easy it is using the Piano Keys **smart-ease**. Using printed interfacing makes it easy to create perfectly pieced "piano keys".

Arrange 2 1/2" strips of fabric between the lines on the **smart-ease** interfacing. Place your Appliqué Pressing Sheet over the top and fuse in place. Fold on the dotted line and sew on the solid line. Colors are fused in order so there is no need to keep them in order. Once stitched, cut on dashed lines. Set into your quilt as a border or use as blocks.



Mattie Rhoades and Sue Hausmann



## Tribal Applique

Veronica Cox from Bear Thread Designs shared great tips for working with fusible Angelina Fibers. Veronica "trapped" these great shimmery fusible fibers under raw edge appliques in a tribal tiger for her project from her Tribal Safari Pattern. Complete instructions are included in the pattern for appliqué with Angelina Fibers.

The Grip-n Press #140001287 pressing surface is used underneath everything to protect the surface and provide a non stick surface to press onto. The Appliqué Press Sheet #140 000331 is perfect to put under the appliques as nothing sticks to it. The new Angelina Press Sheet which is lighter weight goes on top.

It's a great new technique, to add lots of glitz and glitter!



Veronica Cox and Sue Hausmann

# Free-Motion Quilting

Dawn Rumbutis, Pfaff Creative Consultant joined Sue to demonstrate free-motion embellishing on printed fabrics. It is such fun to add interest to fabric with thread!

Dawn likes to apply a fusible cut-away stabilizer, such as Sulky Fuse'n Stitch to the wrong side of the fabric. Attach the Open-Toe Free-Motion foot to your machine.

Set up the Pfaff creative Fabric Mover on your machine. Set for free-motion and lower the feed dogs. Set the needle to stop down to make it easy to move to the next area as you stitch.

Thread with Robison Anton Cotton thread on top and bobbin thread in the bobbin. Follow the direction of the design that is in the fabric. Any print fabric can be used. Sue's husband Herb found a favorite deer print! Another fabric had denim on one side and print on the other so the thread outline of the print gives a great design on the plain side. Home dec fabrics are also a great choice.



**Sue Hausmann and Dawn Rumbutis**

## Sewing Supplies:

- Pfaff performance 2056
- Pfaff creative Fabric Mover with Stitch Regulator®
- Open Toe Free-Motion Foot #820544096
- Robison Anton 50 wt. 100% cotton Thread
- Bobbie Cot White Bobbin #871
- Sulky Fuse'n Stitch #140002173
- Havel's 6" Ultimate Squeeze Scissors #140 000 884

